

Homeschooling Hours Per Week



AGE	TIME PER WEEK	GOALS	PARENT INVOLVEMENT
Preschool ages 0-4	No formal learning (all play-based)	Learning through play, developing curiosity and basic skills	Full engagement in play and daily activities, reading together frequently
Kindergarten ages 4-6	5 - 10 hours	Learning to learn, basic numeracy and literacy foundations	Direct teaching in short sessions, playful learning activities
Early Elementary ages 6-9	10-15 hours	Mastering basic math operations, reading fluency, writing basics; some history and science concepts	Close guidance and teaching in all subjects
Upper Elementary ages 9-12	15 - 20 hours	Reading to learn, all core subjects weekly	Direct instruction and oversight of all learning
Junior High ages 12-15	15 - 20 hours	Building independence, deeper subject exploration	Gradual transition to oversight role, teaching complex concepts
High School ages 15+	15 - 25+ hours	Independent learning, college/career preparation	Facilitating external learning, guidance on goals